CORSEN AI Academy

OpenAI Reasoning: Reflection and Effort Levels, from ChatGPT to API

Course syllabus

Version 2026-11

Overview

Understand and configure OpenAI model reasoning: the GPT-6 reflection slider in ChatGPT, Max and Ultra in Work and Codex, none to max effort and pro mode in the API, multi-step workflows, and business use cases.

Learning objectives

- Choose the model and reflection level adapted to the nature and stakes of a task, in ChatGPT as in the API
- Decide when to activate extended reasoning and when a direct response suffices
- Adjust reasoning effort, from none to max, and know when to use pro mode, Max or Ultra
- Orchestrate a multi-step workflow combining reasoning, Code Interpreter and web search
- Produce a multi-source synthesis or a financial variance report with a reasoning model

Audience and prerequisites

Anyone wishing to discover and use ChatGPT, without technical prerequisites.

Prior practice with generative AI is recommended.

Duration and format

Estimated duration : 1 h 45 min. Self-paced course 100% online, accessible 24/7 from a browser. Progress saved, resume anytime. Estimated duration: 1 h 45 min.

Content

- Understanding Reasoning (3 lessons)
- Reasoning in Practice (4 lessons)
- Advanced Techniques (3 lessons)
- Use Cases (2 lessons)

Assessment

Application exercises proposed throughout the lessons. Each lesson ends with its Key takeaways, supporting self-assessment. A final quiz of 5 corrected questions, at the end of the last lesson, validates learning.

Accessibility

Self-paced course accessible to people with disabilities: text content compatible with screen readers, keyboard navigation and compliant contrasts. For any adaptation needs, email hello@corsen.ai.

Price and recognition

Free

Certificate of completion issued by Corsen AI.

Access time

Immediate after account creation and email confirmation.

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